How to File a Social Security Request for Reconsideration

1) Fill out these forms yourself or with someone you trust. You do not need a lawyer or doctor to fill this out.

Do not worry about explaining in detail why you disagree with Social Security's decision. You can keep it simple.

Example: I disagree with the decision and am disabled.

- **2) Take these forms in person** to your local Social Security office.
- 3) When you turn these in, ask Social Security to stamp a copy of your Request for Reconsideration with that day's date and give it back to you.

** Deadline to give these forms to Social Security: 60 days after the date on Social Security letter saying that you are not disabled.**

If you miss this 60-day deadline, your case will be closed in Social Security's office. To try to re-open it, tell Social Security in writing the reason why you missed the deadline. Whether Social Security agrees to re-open your case depends on if it believes you have a good reason for missing the deadline.

Examples of good reasons: I never got the notice, I was sick, etc.

CAST REVIEW - You can pick this kind of appeal in all cases. You can give us more facts to add to your file. Then we will decide your case again. You do not meet with the person who decides your case. You can tell that person why out are right. You can bring other people to help explain your case, You can tell that person why out meeting is like an informal conference, but we can also get people at your meeting. CONTACT INFORMATION MAILING ADDRESS CITY STATE ZIP CODE CITY STATE ZIP CODE TELEPHONE NUMBER (Indude area code) DATE TO BE COMPLETED BY SOCIAL SECURITY ADMINISTRATION (MILY) Copy and people in the person who decides are code) DATE TO BE COMPLETED BY SOCIAL SECURITY ADMINISTRATION (If You can belay our, attach claimant's explanation for delay. Refer to GN 03102.123) SOCIAL SECURITY OFFICE ADDRESS AND DATE AVAILABLE CALIFIER RECEIVING THE ADVANCE CHAIRMANT SID AND AS AFTER RECEIVING THE ADVANCE CHAIRMANT IN DAYS AFTER RECEIVING THE ADVANCE CHAIRMANT IN THE CALL THE C	REQUEST FOR	RECONSIDERATIO	N	
I do not agree with the Social Security Administration's (SSA) determination and request reconsideration. My reasons are: SUPPLEMENTAL SECURITY INCOME (SSI) OR SPECIAL VETERANS BENEFITS (SVB) RECONSIDERATION ONLY	NAME OF CLAIMANT	CLAIMANT SSN	CLAIM NUMBER	(If different than SSN)
SUPPLEMENTAL SECURITY INCOME (SSI) OR SPECIAL VETERANS BENEFITS (SVB) RECONSIDERATION ONLY I want to appeal your determination about my claim for SSI or SVB. I have read about the three ways to appeal. I have checked the box below. THREE WAYS TO APPEAL CASE REVIEW - You can pick this kind of appeal in all cases. You can give us more facts to add to your file. Then we will decide your case again. You do not meet with the person who decides your case. INFORMAL CONFERENCE - You can pick this kind of appeal only if we are stopping or lowering your SVB payment. You will meet with a person who will decide your case. You can tell that person why you think you are right. You can give us more facts to help prove you are right. You can ping other people to help explain your case. FORMAL CONFERENCE - You can pick this kind of appeal only if we are stopping or lowering your SSI or SVB payment. This meeting is like an informal conference, but we can also get people to come in and help prove you are right. We can do this even if they do not want to help you. You can question these people at your meeting. CONTACT INFORMATION CLAIMANT SIGNATURE - OPTIONAL MAILING ADDRESS MAILING ADDRESS AND DATE TO BE COMPLETED BY SOCIAL SECURITY ADMINISTRATION 1. HAS INITIAL DETERMINATION	ISSUE BEING APPEALED (Specify if retirement, disability	」 , hospital or medical, SS	I, SVB, overpaymen	ıt, etc.)
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NOTE: Take or mail the **completed original** to your local Social Security office, the Veterans Affairs Regional Office in Manila, or any U.S. Foreign Service post and keep a copy for your records.

REQUES [*]	T FOR R	ECONSIDERATIO	N				
NAME OF CLAIMANT		CLAIMANT SSN	CLAIM NUMBER	(If different than SSN)			
ISSUE BEING APPEALED (Specify if retirement,	, disability,	hospital or medical, SS	I, SVB, overpaymer	nt, etc.)			
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<u>PLEASE SIGN USING BLUE OR BLACK INK ONL</u>	$ \mathbf{Y} $ IF not signed by subject of disclosure, specify basis for authority to sigi
INDIVIDUAL authorizing disclosure	☐ Parent of minor ☐ Guardian ☐ Other personal representative
SIGN ▶	(explain)
SIGN P	(Parent/guardian/personal representative sign here if two signatures required by State law)
Date Signed Street Add	Iress
-	
Phone Number (with area code) City	State ZIP
WITNESS I know the person signing this form or	am satisfied of this person's identity:
	IF needed, second witness sign here (e.g., if signed with "X" above)
SIGN >	SIGN ▶
Phone Number (or Address)	Phone Number (or Address)

This general and special authorization to disclose was developed to comply with the provisions regarding disclosure of medical, educational, and other information under P.L. 104-191 ("HIPAA"); 45 CFR parts 160 and 164; 42 U.S. Code section 290dd-2; 42 CFR part 2; 38 U.S. Code section 7332; 38 CFR 1.475; 20 U.S. Code section 1232g ("FERPA"); 34 CFR parts 99 and 300; and State law.

DISABILITY REPORT - APPEAL SSA-3441-BK

PLEASE READ THIS INFORMATION BEFORE COMPLETING THIS REPORT

This report is used to update your information for your disability appeal. Completing this report accurately helps us process your claim. Please complete as much of this report as you can.

IF YOU NEED HELP

Please do **not** ask your health care provider to complete this report. You can get help from other people, such as a friend or family member. If you cannot complete this report, a Social Security representative can assist you. If you make an appointment with us, please complete as much of this report as you can and have it with you for your appointment.

HOW TO COMPLETE THIS REPORT

If you have Internet access, you may be able to complete this report online at www.ssa.gov/disability/appeal

If you complete this report on paper:

- Print or write clearly.
- Include a ZIP or postal code with each address.
- Provide complete phone numbers, including area code. If a phone number is outside the United States, also provide International Direct Dialing (IDD) code and country code.
- If you cannot remember the names and addresses of your health care providers, you may be able to get that information from the telephone book, Internet, medical bills, prescriptions, or prescription medicine containers.
- ANSWER EVERY QUESTION, unless this report indicates otherwise. You can write "don't know," or "none," or "does not apply" if you need to.
- If you need more space to answer any question, please use the REMARKS section on the last page, SECTION 10. Include the number of the question you are answering.

YOUR MEDICAL RECORDS

If you have any medical records that you have not given to us, send or bring them to our office with this completed report. Please tell us if you want us to return them to you. If you are having an interview in our office, bring your medical records, your prescription medicine containers (if available), and this completed report with you.

YOU DO NOT NEED TO ASK DOCTORS OR HOSPITALS FOR ANY MEDICAL RECORDS THAT YOU DO NOT ALREADY HAVE. With your permission, we will request your records. The information that you give us on this report tells us where to request your medical and other records.

HOW TO SUBMIT THIS REPORT

Send or bring this completed report to your local Social Security office. If you have Internet access, you can locate your nearest Social Security office by zip code at www.socialsecurity.gov/locator. Our offices are also listed under U.S. Government agencies in your telephone directory or you may call Social Security at 1-800-772-1213 (TTY 1-800-325-0778).

Privacy Act Statement Disability Report - Appeal Collection and Use of Personal Information

Sections 205 (42 U.S.C. 405 (a) and (b)), 223 (42 U.S.C. 423 (d)), and 1631 (42 U.S.C. 1383 (e)(1)) of the Social Security Act, as amended, authorize us to collect this information. We will use the information you provide to update your disability report information.

Furnishing us this information is voluntary. However, failing to provide us with all or part of the information may prevent an accurate and timely decision on your appeal for your claim.

We rarely use the information you provide on this form for any purpose other than to update your disability information. However, we may use it for the administration and integrity of Social Security programs. We may also disclose information to another person or to another agency in accordance with approved routine uses, which include but are not limited to the following:

- 1. To enable a third party or an agency to assist Social Security in establishing rights to Social Security benefits and/or coverage;
- 2. To comply with Federal laws requiring the release of information from Social Security records (e.g., to the Government Accountability Office and Department of Veterans Affairs);
- 3. To make determinations for eligibility in similar health and income maintenance programs at the Federal, State, and local level; and
- 4. To facilitate statistical research, audit, or investigative activities necessary to ensure the integrity of Social Security programs (e.g., to the U.S. Census Bureau and to private entities under contract with us).

A complete list of when we may share your information with others, called routine uses, is available in our Privacy Act Systems of Records Notices entitled, Claims Folder System (60-0089) and Electronic Disability (60-0320). Additional information about these and other system of records notices and our programs are available online at www.socialsecurity.gov or at your local Social Security office.

We may also use the information you provide in computer matching programs. Matching programs compare our records with records kept by other Federal, State, or local government agencies. Information from these matching programs can be used to establish or verify a person's eligibility for Federally funded or administered benefit programs and for repayment of payments or delinquent debts under these programs.

Paperwork Reduction Act

This information collection meets the requirements of 44 U.S.C. § 3507, as amended by Section 2 of the <u>Paperwork Reduction Act of 1995</u>. You do not need to answer these questions unless we display a valid Office of Management and Budget control number. We estimate that it will take about 45 minutes to read the instructions, gather the facts, and answer the questions.

You may send comments on our time estimate above to: SSA, 6401 Security Boulevard, Baltimore, MD 21235-6401.

Send ONLY comments relating to our time estimate to this address, not the completed form.

AFTER COMPLETING THIS REPORT, REMOVE THIS SHEET AND KEEP IT FOR YOUR RECORDS.

DISABILITY REPORT – APPEAL

For SSA use only. Please do not write in this book Related SSN	x. Number	Holder	
If you are filling out this report for someone else refers to "you" or "your," it refers to the person who is	, please provide in	nformation about hir	m or her. When a question
SECTION 1 – INFORMAT	ION ABOUT THE	DISABLED PERSO	DN
1. A. Name (First, Middle, Last, Suffix)		1. B. Social Sec	curity Number
1. C. Daytime Phone Number, including area code (include IDD and c	ountry codes if outs	ide the U.S. or Canada)
☐ Check this box if you do not have a phone r	number where we	can leave a messag	je.
1. D. Alternate Phone Number – another number when the state of the	nere we may reacl	n you, if any	
1. E. Email Address (Optional)			
SECTIO	N 2 – CONTA	CTS	
Give the name of someone (other than your doctor and can help you with your claim. (e.g., friend or rela	•	ct who knows about	your medical conditions,
A. Name (First, Middle, Last) 2. B. Relationship to Disabled Person			
2. C. Mailing Address (Street or PO Box), include ap	partment number o	or unit if applicable.	
City	State/Province	ZIP/Postal Code	Country (if not U.S.)
2. D. Daytime Phone Number, including area code (include IDD and c	country codes if outs	ide the U.S. or Canada)
2. E. Can this person speak and understand English ☐ Yes ☐ No			
If no, what language does the contact person p	orefer?		
 2. F. Who is completing this form? ☐ The person who is applying for disabil ☐ The person listed in 2.A. (Go to SECT ☐ Someone else (Please complete the in 	ION 3 - MEDICAL	. CONDITIONS).	NDITIONS).
2. G. Name (First, Middle, Last)		2. H. Relationsh	ip to Disabled Person
2. I. Mailing Address (Street or PO Box) Include apa	artment number or	unit if applicable.	
City	State/Province	ZIP/Postal Code	Country (if not U.S.)
2. J. Daytime Phone Number, including area code (i	I nclude IDD and co	L ountry codes if outsi	de the U.S. or Canada)

SECTION 3 – MEDICAL CONDITIONS 3. A. Since you last told us about your medical conditions, has there been any **CHANGE** (for better or worse) in your physical or mental conditions? ☐ Yes, approximate date change occurred: ☐ No If yes, please describe in detail: 3. B. Since you last told us about your medical conditions, do you have any NEW physical or mental conditions? ☐ Yes, approximate date of new conditions: ☐ No If yes, please describe in detail: If you need more space, use SECTION 10 – REMARKS on the last page. **SECTION 4 – MEDICAL TREATMENT** 4. A. Have you used any other names on your medical or educational records? Examples are maiden name, other married name, or nickname. ☐ Yes If yes, please list the other names used: 4. B. Since you last told us about your medical treatment, have you seen a doctor or other health care provider, received treatment at a hospital or clinic, or do you have a future appointment scheduled? ☐ Yes ☐ No (Go to SECTION 6 – MEDICINES) **4.** C. What type(s) of condition(s) were you treated for, or will you be seen for? ☐ Mental (including emotional or learning problems) ☐ Physical If you answered "Yes" to 4.B., please tell us who may have NEW medical records about any of your physical or mental conditions (including emotional or learning problems). Use the following pages to provide information for up to three (3) providers. Complete one page for each provider. If you have more than three providers, list them in SECTION 10 - REMARKS on the last page. Please include: doctors' offices hospitals (including emergency room visits) clinics mental health center other health care facilities. Only list the providers you have seen since you last told us about your medical treatment.

4. D. Name of facility or office	11041	der 1 Name of health care provider who treated		treated you			
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Address							
City	State/Provir		ZIP/Po	stal Code	Country	/ (if not U.S.)	
Dates of Treatment (approximate date,	if exact date is ur	nknown)					
Office, Clinic or Outpatient visits at this facility	Emergency R this facility	•	at	Overniç this fac		ital stays at	
First Visit	Date			Date in _		Date out	
Last Visit	Date			Date in _		Date out	
Next scheduled appointment	Date			Date in _		Date out	
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Phone Number Patient ID# (if known) Address Patient ID# (if known) Address Patient ID# (if known) Address Patient ID# (if known) Dates of Treatment (approximate date, if exact date is unknown) Office, Clinic or Outpatient visits at this facility Covernight how this facility First Visit Date Date in Next scheduled appointment Date Date in None Date in None None What medical conditions were treated or evaluated? What treatment did you receive for the above conditions? (Do not list medicines or tests in the string provider performed or sent you to any tests? Please include tests you are schedule future. Yes (Please complete the information below.) No (Go to the next page.) KIND OF TEST DATES OF TESTS KIND OF TEST Biopsy (list body part) MRI/CT Scan (list body part) Blood Test (not HIV) Speech/Language Test Breathing Test Treadmill (exercise test) Cardiac Catheterization Vision Test EEG (brain wave test) X-ray (list body part) EKG (heart test) A-ray (list body part) EKG (heart test) A-ray (list body part) Hearing Test Other (please describe) HIV Test IQ Testing	DER ABOVE	TO THE HEALTH CARE BROWNED AROV			HIS PAGE REFER	ALL OF THE QUESTIONS ON
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If you need to list more tests, use SECTION 10 - REMARKS on the last p	page.	RKS on the last pa	REMAR	ON 10 -	tests, use SECTI	If you need to list more
If you do not have any more providers to describe,		o describe,	ders to	provi	have any more	If you do no

4. D. Name of facility or office	11011	Name of health care provider who treated you			d you		
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Address							
City	State	State/Province ZI		ZIP/Postal Code Count		ntry (if not U.S.)	
Dates of Treatment (approximate date Office, Clinic or Outpatient visits at	e, if exact date is ui Emergency R	,	at	Overni	ght hospital :	etave at	
this facility	this facility	oom visits	aı	this fac	•	stays at	
First Visit	Date			Date in _	Date	out	
_ast Visit	Date			Date in	Date	out	
Next scheduled appointment	Date			Date in _	Date	out	
if any)	☐ None			│	ne		
What treatment did you receive for th	ne above condition	ns? (Do not	t list med	dicines or te	sts in this box	x.)	
Has this provider performed or sent y	you to any tests?	Please incli	ude tests		cheduled to h	ŕ	
Has this provider performed or sent y	you to any tests?	Please incli	ude tests No (Go t	s you are so	cheduled to happened to happen	ave in the	
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SECTION 5 – OTHER MEDICAL INFORMATION

5. Since you last told us about your other medical information, does anyone else have medical information about any of your physical or mental conditions (including emotional and learning problems) or are you scheduled to see anyone else? This may include: workers' compensation vocational rehabilitation services insurance companies who have paid you disability benefits prisons and correctional facilities attorneys social service agencies welfare agencies school/education records ☐ Yes (Please complete the information below.) ☐ No (Go to SECTION 6 – MEDICINES) Name of Organization Claim or ID Number (if any) Address City State/Province ZIP/Postal Code Country (if not U.S.) Name of Contact Person Phone Number Date of First Contact Date of Last Contact Date of Next Contact (if any) Reasons for Contacts If you need to list more people or organizations, use SECTION 10 – REMARKS on the last page. **SECTION 6 – MEDICINES** 6. Are you currently taking any medicines (prescription or non-prescription)? Yes (Please complete the information below. You may need to look at your medicine containers.) ☐ No (Go to SECTION 7 – ACTIVITIES) IF PRESCRIBED, SIDE EFFECTS NAME OF MEDICINE REASON FOR MEDICINE NAME OF DOCTOR YOU HAVE

If you need to list more medicines, use SECTION 10 – REMARKS on the last page.

SECTION	7 - ACTIVITIE	S	
7. Since you last told us about your activities, has the activities due to your physical or mental conditions? personal care, getting around, hobbies and interests,	(Examples of da	aily activities are h	
☐ Yes ☐ No			
If yes, please describe in detail:			
If you need more space, use SEC	TION 10 – RE	MARKS on the	e last page.
SECTION 8 – WO	RK AND EDU	JCATION	
8. A. Since you last told us about your work, have you	ou worked or has	your work change	ed?
$\hfill \Box$ Yes $\hfill \Box$ No If yes, you will be asked to provide additional information	n.		
8. B. Since you last told us about your education, has specialized job training, trade school, or vocations		ed or are you enro	lled in any type of
☐ Yes ☐ No			
If yes, what type?			
Date(s) attended:			
If you need more space, use SEC	TION 10 – RE	MARKS on the	e last page.
SECTION 9 – VOCATIONAL REHABILITATION	I, EMPLOYMEI	NT, OR OTHER	SUPPORT SERVICES
9. Since you last told us about your vocational rehab	oilitation, have yo	ou participated, or	are you participating in:
an individual work plan with an employment no			
an individualized plan for employment with a v	ocational rehabil	itation agency or a	any other organization?
a Plan to Achieve Self-Support (PASS)?an individualized education program (IEP) through	ough an educatio	nal institution (if a	student age 18-21)?
 any program providing vocational rehabilitation you go to work? 			
Yes (Please complete the information below.)		
□ No (Go to SECTION 10 – REMARKS) Name of Organization or School			
Name of Organization of School			
Name of Counselor, Instructor, or Job Coach		P	hone Number
Address			
City	State/Province	ZIP/Postal Code	Country (if not U.S.)
Date when you started participating in the plan or progra	am:		
If you need more space, use SEC	TION 10 – RE	MARKS on the	e last page.

SECTION 10 – REMARKS
Use this space to provide any information you could not show in earlier sections of this form or any additional information you feel we should know about. Please be sure to include the number of the question you are answering (For example, 3A, 4D, etc.).
Date Report Completed MM/DD/YYYY: